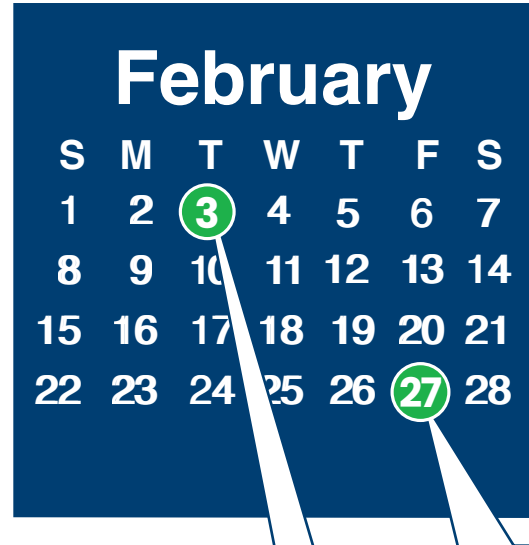
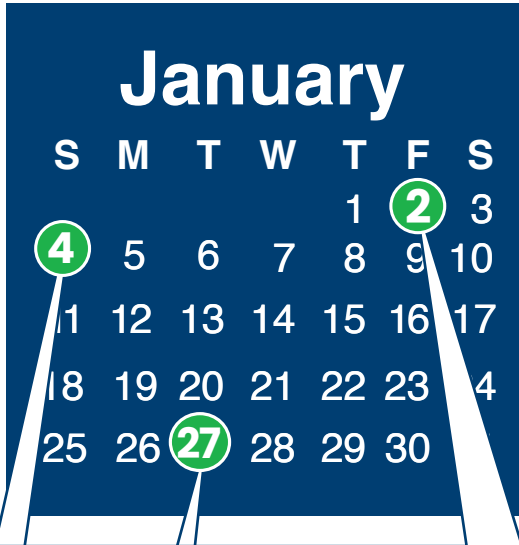


Special Events for City of Mission



Winter Waterland

Join us for an unforgettable winter extravaganza at our Winter Waterland Pool Party and Dive-In Movie event! Experience the magic of winter in a whole new way as we transform our pool area into a winter wonderland.

Movie: Zootopia
F: Jan 2, 6-8PM
\$15/child





Fort Night

Families are invited to team up to build cozy forts, enjoy snacks, and settle in for a magical movie night filled with creativity, bonding, and fun! Bring your own fort-building supplies, or use the extra materials we'll have on hand.

6-7PM Fort Building
7-9PM Movie & Popcorn
F: Feb 27
\$20 per 1 Adult/1 Child
Additional enrollments \$8 each




PCC Membership Drive

Thursday, December 26 - Saturday, January 4

Annual Membership Savings
(New paid in full only.)




Mission Summer Camp Registration

Jan 27 Prior Camper Registration Opens:
MON: February 2

Feb 3 New Camper Registration Opens:
MON: February 9




March

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



Family Fun Night

Enjoy the PCC amenities during our FREE family fun night, craft room, and swimming. We hope to see you there!

F: March 6, 5-8PM
FREE

Mar 6

Bunny Egg-stravaganza

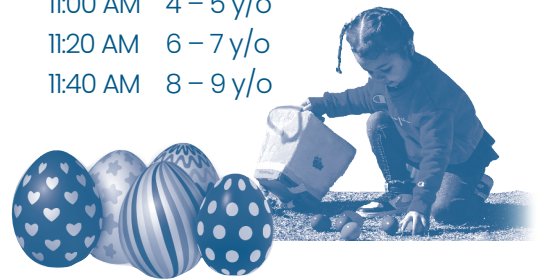
Bring the family for the annual Bunny Egg-stravaganza! This "egg-citing" holiday event features egg hunts for all ages, clowns, and a visit from two very special bunnies! Bring your camera and a pail to hold all your eggs, candy, and prizes. Activities and special visitors include the Mission Police Department, JOCO Fire District #2, face painting, children's inflatables, Janie Next Door, and more!

SAT: April 4 | Broadmoor Park
FREE

Apr 4

Egg Hunt Times:

- 10:15 AM 10 & Older Scavenger Hunt
- 10:20 AM 8 months- 1.5 y/o (with parent)
- 10:30 AM 1.5 - 3 y/o (no parents)
- 10:40 AM 1.5 - 3 y/o (with parent)
- 11:00 AM 4 - 5 y/o
- 11:20 AM 6 - 7 y/o
- 11:40 AM 8 - 9 y/o



MFAC Passes On Sale

Memberships for the 2026 Season go on sale on April 1 with opening day at the Mission Family Aquatic Center on May 30th.

SAT: May 30, 12PM

MFAC

\$50 Resident | \$70 Non-Resident

Apr 1



O.K. Kids Day

Outdoor Kansas Kid's Day is SO FUN and is an awesome opportunity to get your kiddos outside in nature. We focus on trying new things and creating experiences at our nature themed event at the Powell Community Center. We bring the outdoors IN!

SAT: May 2, 10AM-12PM
FREE

May 2

Family Bingo in the Park

Bring the family to the Mohawk Park pavilion for an afternoon of classic bingo, kid-friendly twists, and plenty of fun. Refreshments are included with your fee, and prizes will be up for grabs for all ages!

SU: May 17, 1:30-3:00PM

\$10/person



May 17

Hours

Mon-Fri	5:30AM-9PM
Sat	5:30AM-5PM
Sun	9AM-5PM

Holiday Hours:

December 24 - Christmas Eve	5:30AM-2PM
December 25 - Christmas	CLOSED
December 31 - New Year's Eve	5:30AM-2PM
January 1 - New Year's Day	CLOSED
April 5 - Easter	CLOSED

PCC Daily Entry Fees

Children (2 & Under)	FREE
Youth (3-11 yrs)	\$7
Adult (12+ yrs)	\$9

Welcome to the Powell Community Center

6200 Martway St.

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3 Ways To Take A Class

• DAILY PASS

Purchase a pass; which gives full access to the facility & adult fitness classes held that day.

• REGISTER FOR A SESSION

Reserve your spot in class and save money.

• PCC MEMBERS: PURCHASE MONTHLY FITPASS

Purchase a monthly class pass, \$10/month, for access to adult fitness classes.

3 WAYS TO REGISTER

#1: Enroll online at www.missionks.org, select Parks + Recreation and Register for a Recreation Program.

#2: Register in person during Community Center hours.

#3: By phone with a staff member at 913.722.8200.

PCC Membership Information

Members Benefits Include:

- Discounts on Classes + Personal Training
- Discount on Child Watch
- Tot Time Swim on T/TH
- Weight/Cardio Trainings
- Open Volleyball (M/W)
- Pickleball at Scheduled Times
- Racquetball
- 10% discount on MFAC Membership

Resident Membership Information

Type	12-Month Membership	Monthly Pay Plan
Youth	\$295	\$31
Adult	\$385	\$38
Senior (60+)	\$295	\$31
2 Person Household	\$532	\$50
Family*	\$605	\$56

Non-Resident Membership Information

Type	12-Month Membership	Monthly Pay Plan
Youth	\$395	\$38
Adult	\$506	\$48
Senior (60+)	\$395	\$38
Household 2 Person	\$709	\$65
Family*	\$804	\$73

*Proof of residency for Mission residents or additional members 18+ years. Proof of employment required for Mission business employees (company must have active business license on file with Mission City Hall).

Membership Program with Insurance Benefits

- Talk to your insurance provider for details. Members are required to attend at least once a month to maintain the membership.

Call 913.722.8200 with questions. Proof of insurance required.

Community Center Member Benefits

For Members + Patrons Who Have Paid A Daily Fee

FREE Cardio/Weight Training 101

A PCC Personal Trainer will teach you how to properly use the weight equipment and help you learn how to use the cardio equipment to develop a balanced workout and avoid injuries. Class limited to 6 participants, 14+ years.

SAT: 7:30-8:30AM

Dates: 1/17, 2/21, 3/21, 4/18

FREE for members/daily pass

FREE Racquetball

Visit the Entry Desk or call 913.722.8200 to reserve a racquetball court. 10+, under 10 with adult. *Wallyball Net available to check out!

FREE Open Volleyball

Games will be created on a first-come, first-served basis. 14+ yrs.

SUN: 3-5PM (Ct#2)

M/W: 7-9PM (Ct#3)

FREE Tot Time Swim

T/TH: 9-11AM

Open Swim for Children Ages 5 & Under

- Parent/Guardian must be in the pool with child
- All Floatation Devices must be US Coast Guard Approved
- 3 Layers of Protection. Infant swim diapers are available for purchase at the South Entry Desk
- No water features available

Pickleball

M-F: 12:15-3:15PM (3 courts)

SAT: 7:30AM-12PM (3 courts)

SUN: 9-10:30AM (3 courts) | 10:30AM-12PM (1 court)

*All days/times subject to change.

Free for Community Center Members

\$9/day per person • 10 Visit Punch Card: \$70

Adult Fitness Schedule Winter 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
EARLY AM 5:30-8AM	Core Fusion 6:30AM	Cycle X 6:15AM	Basic Flow Yoga 7AM	Metabolic MAYHEM 6:30AM	Core Fusion 6:30AM	Pickleball 7AM-12PM	Pickleball 9AM-12PM
		Metabolic MAYHEM 6:30AM		Morning Ride 7:30AM	Basic Flow Yoga 7AM		
LATER AM 8AM-12PM	AM Water Aerobics 8AM	AM Water Aerobics 8AM	AM Water Aerobics 8AM	AM Water Aerobics 8AM	AM Water Aerobics 8AM	Zumba Gold 8AM	Cardio Blast 8:20AM
	AM Water Aerobics 8:50AM	Exercise for Life 50+ 9:15AM	AM Water Aerobics 8:50AM	Exercise for Life 50+ 9:15AM	AM Water Aerobics 8:50AM		Shape Up Bootcamp 9AM
	Functional Yoga 9AM	Barbell Burn 9:30AM	Art of Relaxation 9:30AM	Barbell Burn 9:30AM	Zumba Gold 10AM	Hatha Flow 9AM	Karate, Beg. (\$) 9AM
	SilverSneakers Yoga 10:15AM	Health BenefIT 10:15AM	SilverSneakers Yoga 10:15AM	Health BenefIT 10:15AM			Hula Hoop Beg. (\$) 10AM
	11AM 11:45AM	Cardio Pump 11:45AM	11AM 11:45AM	Cardio Pump 11:45AM			Tai Chi 10AM
MID-DAY 12-5PM	Strengthen, Stretch + Breathe 12PM		Strengthen, Stretch + Breathe 12PM			Kendo 1PM	
	Pickleball 12:15-3:15PM	Pickleball 12:15-3:15PM	Pickleball 12:15-3:15PM	Pickleball 12:15-3:15PM	Pickleball 12:15-3:15PM		
EVENING 5-9PM	PM Water Aerobics 5:35PM	Hatha Yoga 6PM	Classical Stretching with Essentrics 4:30PM	Belly Dance (Adv) 5PM	Power Cycle 5:45PM		
	Rep & Ride 5:45PM	Bollywood Fitness 6PM	Aqua Zumba 5:35PM	Belly Dance (Beg) 6PM	Adult Beg. Swim Lessons (\$) 6:10PM		
	Strength Training 6PM	Adult Beg. Swim Lessons (\$) 6:10PM	Rep & Ride 5:45PM	Adult Beg. Swim Lessons (\$) 6:10PM	Bollywood Fitness 7PM		
	Zumba 6PM	Shape Up Bootcamp 6:30PM	Barre Fitness 6PM		Tai Chi 7PM		
	Yoga Flow 7PM	Zumba 7PM	Karate, Beg. (\$) 6:30PM				
	Tai Chi 7PM	Tai Chi 7PM	Yoga Flow 7PM				
		Tai Chi 7PM	Tai Chi 7PM				

NOW AVAILABLE!
FitPass
 PCC members can get access to drop-in fitness classes for just \$10/month

Learn more on pg. 9

Adult Fitness

Morning Ride

Kickstart your morning with a great workout to increase speed, strength and endurance. You will sweat and boost your metabolism in this fun class! Instructor: Kari Napier.

TH: 7:30-8:15AM

Power Cycle

A group indoor cycle class where you control the intensity and it's SO fun! With great music pumping and the group spinning as one, your instructor takes you on a journey of hill climbs, sprints and flat riding. Instructor: Kari Napier

TH: 5:45-6:30PM

Cycle X

Cycle fast, cycle hard, cycle now! Looking to spin? Get that X factor in your fitness regime with our new class – Cycle X.

Instructor: Becky Weaver

T: 6:15-7AM

T: 6:30-7:25 PM

Rep & Ride

High intensity class utilizing spin bikes for the cardio portion of class while focusing on muscular strength, hypertrophy and endurance during resistance rounds. Great workout for ALL fitness levels. Instructor:

Maryellen Potts

M/W: 5:45-6:30PM

Barbell Burn

This class takes barbell exercises traditionally done in the weight room and switches them up using music, with a focus on endurance. This style of training works all major muscle groups to achieve cardiovascular benefits and lean muscle mass.

This class is great for all skill levels, from beginners to athletes.

Instructor: Caitlin Brisendine

T/TH: 9:30-10:30AM

T/TH: 10:30-11:30AM

Strength Training

Attack your muscles with this class that is designed to tone muscles by developing muscular strength and endurance.

A complete full body workout.

Instructor: Jenn Basuel

M: 6-6:45PM

Shape Up Bootcamp

Boot camp workouts are designed to elevate your results and push your limits. This class focuses on maximum calorie burn, combining cardiovascular and endurance training. Each workout will be unique and challenging.

Instructor: Caitlin Brisendine

T: 6:30-7:25PM

SAT: 9-10AM

Weekend Cardio Blast

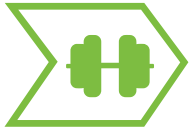
Get ready to elevate your heart rate and ignite your weekend with our Weekend Cardio Blast class! This high-energy, dynamic workout is designed to torch calories, boost your endurance, and leave you feeling invigorated.

With motivating music and a supportive atmosphere, you'll sweat, smile, and conquer your fitness goals - all while having a blast. Instructor: Caitlin Brisendine

SAT: 8:20-8:50AM

Member Benefits

- **FitPass: Unlimited Group Fitness Option - \$10/month**
- **Discounts on Classes & Personal Training**
- **Weight/Cardio Trainings**
- **Discount on Child Watch**
- **Pickleball**
- **Open Volleyball (M/W)**
- **Racquetball**
- **Tot Time Swim**



Strengthen, Stretch + Breathe

Perfect for a no sweat lunch break that will strengthen your core, improve flexibility and focus on quality over quantity. In this beginner level class, you will learn stretching and breathwork techniques to incorporate whenever you are feeling stressed, anxious or unfocused. This class will feel like a 45 minute self care break in the middle of your day. You will leave stronger and more balanced to face the rest of the day feeling relaxed and energized. Instructor: Carey Haivala.

M/W: 12-12:45PM

CORE Fusion

A scientific core workout that uses athletic training principles to build strength, stability and endurance in the muscles that support your core. Each workout features a mix of proven core exercises and new integrated core training innovations. Instructor: Kari Napier

M/F: 6:30-7:15AM

Metabolic Mayhem

Crank up the pressure with intense cardio intervals kickstarting your metabolism to be a fat-burning machine! Instructor: T Booker

T/TH: 6:30-7:15AM

Barre Fitness

Barre Fitness blends elements of ballet, Pilates, yoga, and strength training for a low-impact, full-body workout. Designed for all fitness levels, this class offers plenty of options so beginners feel confident and returning participants stay challenged. It's a great way to build strength, improve balance, and increase flexibility in a supportive setting. Instructor: Jenn Basuel

M: 6-6:45PM



Pickleball

What is Pickleball?

A combination of racquetball, ping pong & tennis. It is a great sport for any physical ability as it is easy on the knees, quick to learn & crazy fun!

M-F: 12:15-3:15PM (3 courts)

SAT: 7:30AM-12PM (3 courts)

SUN: 9-10:30AM (3 courts)

10:30AM-12PM (1 court)

*All days/times subject to change.

Free for PCC Members

\$7/day per person

10 Visit Punch Card: \$50



Kendo

Learn Kendo in a traditional Dojo environment that will encourage you to push yourself to improve physically & mentally in order to build character & become a better individual & member of society. Instructor: Joshua Sherrill

SAT: 1-3:30PM

Start '26 for \$26!

New to the Powell Community Center? Join this December or January and your first month is **only \$26!** Whether you're an individual, couple, or family, it's the perfect way to kick off the new year. Offer valid for new members only (no active membership within the past 12 months).

Regular rates begin in your second month. Promotion runs December 1, 2025 – January 31, 2026.

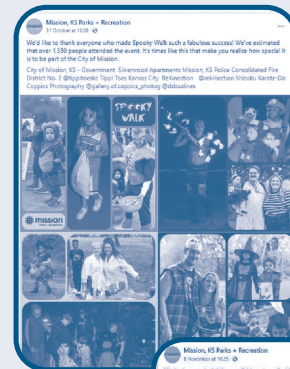


Connect with us on Social Media!

Facebook:
@MissionKSParksRec

Instagram:
Mission Parks & Rec

X (formerly Twitter):
@MissionKSPksRec





Beginner Hula Hooping & Hoop Dancing

Scaredy Cats Welcome! Bring a friend & try a new way to burn calories! Hula Hooping is low impact, ideal for the core & a great cardio work-out. It improves balance, flexibility, agility & tones. MOST OF ALL IT'S FUN! Beginner Hoops Provided. To register or for more details go to www.kchoopgirl.com. Or reach out to Sirena at kchoopgirl@gmail.com or 816.591.5186. Instructor: KC Hoop Girl, Sirena Beyer

SAT: 10-11AM

(\$10 Pit-Stop or purchase a punch card at www.kchoopgirl.com)

Belly Dance

Belly dance is a great workout for your entire body & you'll really work up a sweat!

Instructor: Anca Gaena

TH: Advanced 5-5:45PM

TH: Beginner 6-6:45PM



Bollywood Fitness

Dance and Fitness on Bollywood BEATS! Experience a different culture & learn some new dance moves, all while getting a great workout! Ages 14+

Instructor: Shyamly Jaiswal

T: 6-6:55PM

TH: 7-7:55PM

Private Tap Lessons

Learn how to tap with KC Dazzler's Cherrie Lucas. She offers private and semi-private lessons.

Call for availability: 816.665.6061

Private 45 minute lesson:

\$25/person

Semi-Private 45 minute lesson:

\$20/person



Zumba®

Zumba is an exhilarating, effective, easy-to-follow, Latin inspired, calorie-burning dance fitness party. This program features Salsa, Merengue, Cha Cha, vMambo, Samba, Belly Dancing, Reggaetone & Cumbia. Join the Party!

Instructor: Kathy Goldstein (M) Angie Sherwood (T)

M: 6-6:45PM | T: 7-7:45PM



FitPass Now Available!

FitPass is an add-on for PCC members that gives you unlimited access to drop-in group fitness classes like yoga, Zumba, and strength training—**for just \$10/month or \$110/year**. Hundreds of members have already joined to make the most of their workouts—add yours at the front desk today!

- Available only to active Powell Community Center members.
- Advance registration is strongly encouraged to reserve your spot.



Mind + Body Fitness

10



The Art of Relaxation

Learn to relax & break the cycle of stress that builds in our everyday life. Use techniques everyone can apply to relieve stress at work or home. 15 minute guided grounding meditation at the end of class. Instructor: Jan Peck

W: 9:30-10AM

Functional Yoga

The slow physical poses enhance range of motion within the joints while the supported poses allow rest & release. All experience levels are welcome. Instructor: Beth Lucasey RN, RYT-200

M: 9-10AM

Yoga Flow

Yoga Flow will increase flexibility & blood flow to help reduce stress & repair the body, while improving your strength, balance & mental focus. Instructor: Portia Stewart

M/W: 7-8PM

Basic Flow Yoga

Basic flow introduces the foundational yoga poses with focus on safe alignment & proper breathing techniques to beginners. Props provided. Instructor: Jackie Shellhorn

W/F: 7-8AM



Hatha Yoga Flow

Basic and gentle yoga focusing on alignment and the physical and mental benefits of poses. Perfect for beginners! Instructor: Anca Geana

T: 6-7PM

SAT: 9-10AM

Tai Chi

Relax, relieve stress and improve balance using deep breathing meditation & Tai Chi techniques with Joe Wood, from Wood Martial Arts.

M/T/W/TH: 7-8PM

SAT: 10-11AM

Classical Stretching with Essentrics

Essentrics is a new, fitness program EVERYONE can do - children, adults, seniors and athletes. This workout re-balances the body from head to toe, all 650 muscles, while increasing your flexibility and overall strength! It is gentle, yet challenging; rigorous, but therapeutic; healing AND energizing. Yes, all of those in ONE class! It has already changed lives and it can change yours!

Instructor: Jill Paton, Certified Level 3 Essentrics Instructor

W: 4:30-5:30PM

Specialized Recreation Club

Movie Night

Watch Zootopia with friends at PCC!

SAT: January 17

7-9pm

\$20 • \$15MDR

DEADLINE TO ENROLL: WED, Jan 14

*Snacks & beverages provided.



Board Games & Taco Bar

Bring your favorite board game to share with friends!

SAT: February 21

6-8pm

\$30 • \$25MDR

DEADLINE TO ENROLL: WED, Feb 18



KC Zoo & Aquarium

Includes transportation and admission to the zoo. Does not include food/beverages or souvenirs. Maximum 13 participants.

SAT: March 21 | 10am - 3pm

\$55 • \$50MDR

DEADLINE TO ENROLL: WED, Feb 25

Archery & BBQ

Learn the basics of archery and have lots of practice time. Certified archery instructors will teach you how to pull back, aim and fire a bow with precision. All equipment and instruction provided.

SAT: April 18

4-6pm

\$30 • \$25MDR

DEADLINE TO ENROLL: WED, Apr 15



Personal Training



How do I book a personal trainer?

1. Contact one of the personal trainers.
2. The trainer will schedule a time with you at PCC.
3. Wait for your personal trainer in the South lobby.

Personal Training Rates

- 1 Person: \$55 • \$50MDR
- 2 People: \$46 • \$41MDR (per person)
- 3 People: \$43 • \$38MDR (per person)

- The non-membership fee is assessed for each appointment.
- Participants can book & pay for multiple personal training visits at one time.



**PHYLLIS
PETERSON**
913.638.8105

- getthetouchnow@hotmail.com
- Masters of Exercise Science, KU • ACE Personal Trainer • AFAA Group Instructor
- Senior Fitness Training • Cycling/Cross Training • Myofascial Compression Techniques



**CHRIS
RENO**
615.710.5526

- chrisreno125@gmail.com
- Qi Gong • 10 years Personal Training Experience • 6 years fitness experience

I work with, helping them become the happiest and healthiest version of themselves. I help clients find the right balance by educating, maintaining positive behavior change and creating lifelong healthy habits.



**SHAUNA
UTZ**

- shaunautz@yahoo.com
- ACE Personal Trainer • PTA - 5 years in Physical Therapy • Senior Fitness training
- Bachelors of Science in Health & Exercise Science • 18 years as Group Fitness Instructor
- Experience in weight loss, weight management, injury rehabilitation, triathlons and running



**MARYELLEN
POTTS**
319.931.9027

- maryellen.potts04@gmail.com
- Certified Personal Trainer • 20 years fitness experience • Yoga Personal Trainer
- Takes a holistic approach when working with people and their fitness/wellness needs



**JESSICA
TOLLIE**
913.620.2163

- tolliegirl04@yahoo.com
- NASM Corrective Exercise Specialist • NASM Certified Personal Trainer
- NASM Stretch & Flexibility

My goal is to serve others and help them improve the quality of their daily lives through education and functional movements. I started my life of health & wellness after having two beautiful twin daughters.



**TRE
SIMMONS**
913.215.3371

- tresimmons14@gmail.com
- NASM Certified Personal Trainer • College baseball athlete (Div I school)
- Strong passion for weightlifting + nutrition • "One day or day ONE"
- Works with ALL age groups and unlock their full potential



**ANGELA
HARRELL**
913.585.4748

- kcaquaticfitness@gmail.com
- Bachelors in Athletic Training • PTA for 12 years in multiple settings
- AFAP certified (Arthritis Foundation Aquatic Program) • Ai Chi lessons to small groups (Aquatic Tai Chi) • ATRI certified (Aquatic Therapy Rehab Institute)
- Specializes in aquatic personal training, focusing on core strength, balance, & endurance
- "We're all on different levels of this fitness journey, but the key is to keep going"



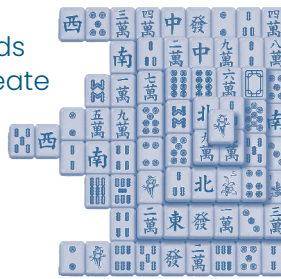
**CAITLIN
BRISENDINE**
913.777.6299

- caitlinbrisendine@gmail.com
- NASM Certified Personal Trainer • Certified Group Fitness Instructor • Nutrition Counselor
- Trained in Mental Toughness • Certified Zumba Instructor
- "Fitness is a journey; it should be engaging while challenging and changing you."

Adult Enrichment

Learn to Play Mah Jongg

This game of skill, strategy and luck will keep your brain active and bring together new friends and old. Four (or three) players compete to create a winning hand matching one of dozens created by the National Mah Jongg League. Current year Mah Jongg card provided with class fee. Players of all ages welcome!



M: 10AM -12PM | 1-3PM

Jan 5-26 | Feb 2-23 | Mar 2-23 | Apr 6-27

\$75 | \$70MDR

Drop-In Programs

Mah Jongg

(Participants bring own boards)
SU: 1-3PM | \$1/person

Pitch

(Cards/note pads provided)
W: 11AM-1PM | \$1/person

Paint + Sip

Unleash your creativity in a fun and relaxing paint and sip class—no alcohol needed! Follow step-by-step guidance to create your own masterpiece while enjoying tea, coffee, or refreshing mocktails. Perfect for all skill levels, this class is a great way to unwind, express yourself, and connect with others through art. Instructor: Crickett Payne



SUN: 2-4PM | January 25 | February 15 | \$30/person

Sourdough 101

Learn the basics of sourdough in this beginner-friendly workshop.



We'll cover essential terms, troubleshooting tips, and simple techniques to help you understand starters, feeding, and the baking process. Each participant will take home their own starter to kick off their sourdough journey.

SU: Feb 8
1:30-3:00PM
\$50/person

Pasta Making

Roll up your sleeves and learn the art of fresh pasta in this hands-on culinary class. Participants will mix their own dough from scratch, hand-roll it out, and cut it into beautiful noodles to take home. Perfect for beginners and food lovers alike, this class teaches simple techniques that make homemade pasta fun, approachable, and delicious.



SU: Mar 22
1:30-3:00PM
\$50/person

Men's Basketball League

Competitive play on Thursday evenings. All players must register, be on the roster and signed waiver before participating. Team captains must register their team prior to first game.



TH: 6:30-9:30PM | January 15-March 5
\$500 team fee

Gardening Series kicking off this spring! Check the website or PCC for details.



Galentine's Day Fun

Grab your bestie or loved one for a vintage themed floral arranging party. Think pink while arranging a sweet bouquet in a vintage tea cup. Perfect for all ages. Tea and cookies provided, along with materials.

SUN: February 22, 1:30-3PM
\$63/person

Cut Flower Gardening 101

Surround yourself with an abundance of homegrown blooms with proven techniques from farmer-florist Kara Macy of Bountifully. From planning to bloom, get started with confidence and take home specialty seeds from Kara's garden to plant.



SUN: March 8, 1:30-3PM
\$63/person

Local Floral Arranging

Taught by local farmer-florist and ceramicist Kara Macy, our spring floral workshop will be based in Bountifully's romantic & whimsical style with emphasis on sustainable floral design, spring blooms and care, featuring the freshest local florals available.



SUN: April 12,
1:30-3PM
\$63/person

Join Our Team!

- Entry Desk
- Facility Staff
- Lifeguard
- Swim Instructor
- Camp Staff
- Parks Staff



PCC Pool Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
Morning	OPEN SWIM 9 AM-4:30 PM *No Lap Lanes Available	Adult Swim 5:30 AM-3 PM *No Lap Lanes Available 8-9:30 AM	Adult Swim 5:30 AM-8:30 PM *No Lap Lanes Available 8-9 AM Tot Time Swim 9-11 AM	Adult Swim 5:30 AM-3 PM *No Lap Lanes Available 8-10 AM Homeschool Swim & Tot Time Swim 10-12 AM *One Lap Lane Available	Adult Swim 5:30 AM-8:30 PM *No Lap Lanes Available 8-9:30 AM Tot Time Swim 9-11 AM	Adult Swim 5:30 AM-3 PM *No Lap Lanes Available 8-9:30 AM	Adult Swim 5:30 AM-12 PM Swim Lessons 9-12 AM *Limited Pool Use*				
Afternoon/Evening		*No Lap Lanes Available	OPEN SWIM 3-8:30 PM *No Lap Lanes, Slide or Mushroom Available 5:30-7:45 PM	Swim Lessons 4-7:15 PM *Limited Pool Use*	OPEN SWIM 3-8:30 PM *No Lap Lanes, Slide or Mushroom Available 5:30-6:30 PM	Swim Lessons 4-7:15 PM *Limited Pool Use*	OPEN SWIM 3-8:30 PM *No Lap Lanes Available	OPEN SWIM 12-4:30 PM *No Lap Lanes Available			
Additional Information	Adult Swim Must be 14+ years old All aquatic areas open for use.						Open Swim Aquatic features are on and pool is open to all ages. Must be 48" to ride the slide.	Tot Time Swim Kids age 5 and under. Adult supervision required.	Homeschool Swim Swim time for homeschooling families.	Swim Lessons Pool is open for adult swim with limited use due to swim lessons in various areas of the pool.	

*May have limited lap lanes available due to programming.

Adult Swim: (Must be 14+ yrs)

Lap Pool: Open for Lap swimming or walking and private swim lessons.

Leisure Pool: River walking or swimming, floating, relaxing or any other form of exercise.

Open Swim: (Features on and pool is open to all ages! Must be 48" to ride the slide)

* Features will not be on during PM Water Aerobics

Lap Pool: Open for Lap swimming or walking and private swim lessons.

Lap Lanes will be removed for pool basketball hoop usage FRI 3-8:30PM & SAT 12-4:30PM.

Leisure Pool: All areas open for use.

Tot Time Swim*: A perfect time for kids ages 0-5 yrs to splash around with an adult in the water.

T/TH 9-11AM

Homeschool Swim*:

*W: 10AM-12PM

\$5/child

AM Water Aerobics:

Lap Pool: Lap Pool open only to class participants.

Leisure Pool: River walking or swimming, floating, relaxing or any other form of exercise.

PM Water Aerobics:

Lap Pool: Lap Pool open only to class participants.

Leisure Pool: All areas open for use for all ages!

Mushroom/water slide not available.

Swim Lessons:

Lap Pool/Leisure Pool: available for adult swim; space is limited due to swimming lessons.

Steamroom, sauna & hot tub are available.

Open Swim is unavailable during swim lessons.

Spa, Steam Room, and Sauna:

Open for any individual 14+ yrs.

Closes 30 minutes prior to facility closure.

Pool Rules

All swimmers, members or guests who have paid an entry fee must demonstrate the ability to swim in the desired area.

1. Non-swimmers and children under 5 must be within arms reach of a responsible person (16+ yrs) and must be in the water with the child.
2. Children under 12 years must have a parent or responsible person on the deck.
3. Swimmers in unacceptable attire (i.e. denim) will be asked to change or leave.
4. No food or beverages in the pool area.
5. Rough play or unsafe actions are not permitted.
6. Children not potty-trained must wear 3 layers of protection (swim diaper, plastic diaper cover, and swim suit)
7. All flotation devices must be U.S. Coast Guard Approved.
8. Children must be 48" to go down the slide.

Learn to Swim programs, Open Swim and Lap Lane questions, contact Aquatics at 913.722.8207.

SCHOOL'S OUT, POOL'S OPEN

1PM:

1/2, 1/20*

2/13

3/13, 3/17*, 3/19*, 3/20

4/17

*Open Swim ends at 3pm: 1/20, 3/17, 3/19

2PM:

1/5, 1/19

2/16

3/16, 3/18,

Adult Aquatics

AM Water Aerobics

Participants use the natural resistance of water to provide a safe, full-body workout. Tone & strengthen muscle, increase cardiovascular endurance & enjoy the feeling of being physically fit! Aqua Shoes recommended, but not required.

Instructor: Shauna Utz

M/W/F: 8-8:40AM

M/W/F: 8:50-9:30AM

T/TH: 8-8:40AM

PM Water Aerobics

Aquatic exercise presents the best of three worlds: you can stretch & strengthen your muscles, condition your cardiovascular systems, & have fun in the water! Class is a moderate to high intensity cardiovascular workout without the impact. Instructor: Phyllis Peterson

M: 5:35-6:30PM



Adult Beginner Swim Lessons - 13+ Yrs.

This class offers teens & adults individualized goal setting & instruction. Beginning to intermediate swimming instruction includes: basic stroke skills for front crawl, elementary backstroke, back crawl, breaststroke, side stroke, & underwater swimming.

Class ratio 5:1. Ages 13+ yrs

Instructor: Aquatics Staff

T/TH: 6:10-6:40PM \$75 • \$70MDR

SAT: 11:20-11:50AM \$45 • \$40MDR

Aqua Zumba

This class is designed for people wanting to make a splash with a low-impact, high energy aquatic workout. Using water resistance, there is less impact on joints so you can really let loose!

Instructor: Maki Gonzalez.

W: 5:35-6:30PM

Aqua Circuit

Class uses weights while providing a cardio/strength training workout. You will experience different workout stations for total body results. All fitness levels are welcome as modifications are considered. Instructor: Carey Seetin

M: 6:35-7:30PM





Youth Aquatics

Winter 2026 Swim Lesson Schedule

Class Level	T/TH	SAT
Starfish 10:1 6 mos-3 yrs	5:35-6:05PM	9:35-10:05AM 10:45-11:15 AM
Guppy 3:1 3-5 yrs	5-5:30PM 6:10-6:40PM	9-9:30AM 11:20-11:50AM
Jellyfish 4:1 4-6 yrs	4:25-4:55PM 6:45-7:15PM	10:10-10:40AM 11:55AM-12:25PM
Clownfish 5:1 5+ yrs	5-5:30PM	9-9:30AM
Turtle 6:1 6+ yrs	4:25-4:55PM	9:35-10:05AM
Dolphin 6:1 6+ yrs	6:45-7:15PM	11:20-11:50AM
Shark 6:1 6+ yrs	5:35-6:05PM	10:45-11:15AM
Adult 5:1 13+ yrs	6:10-6:40PM	11:55AM-12:25PM

Reg. Open

12/12/2025
1/9/2026
2/6/2026
3/13/2026

T/TH

Session 1: 1/6-1/29
Session 2: 2/3-2/26
Session 3: 3/3-3/26
Session 4: 4/7-4/30
\$75 • \$70MDR

SAT

Session 1: 1/10-1/31
Session 2: 2/7-2/28
Session 3: 3/7-3/28
Session 4: 4/11-5/2
\$45 • \$40MDR

Enrollment opens four weeks prior to the start of the class.

Choosing the Correct Level

PCC offers youth lessons ranging from 6 mos-15 yrs. Review the skill sets listed on page 9. If swimmers can do the listed skills with ease, enroll in the next level; if not, stay. Repeating a level is great because skill development is individualized. Call the aquatics office to schedule a complimentary swim assessment if you are unsure. Register at least 7 days in advance to avoid low enrollment cancellation.

Contact the Aquatics Coordinator, Jelissa Colbert, at jcolbert@missionks.org or by phone at 913.722.8209 for questions regarding Swim Lessons, Private Swim Lessons or general pool concerns.

Private & Semi-Private Swim Instruction - 4+ Yrs.

Enrollment opens four weeks prior to the start of the class. Check www.missionrecreation.com for most up to date availability. Contact Aquatic Coordinator, Jelissa Colbert, at 913.722.8209 for questions or concerns. This program is available on a first-come, first-served basis.
\$120 • \$100MDR - (4) 30 min private lessons
\$75 • \$70MDR - (4) 30 min semi-private lessons (per person)

Please Remember:

- Let us know if you have special needs accommodation.
- No make-ups/refunds are granted for missed classes.
- Parents must stay during classes & remain in the pool area for safety.
- Class ratio is approximate & subject to change.



All skills are performed with support from the instructor, level is complete when participant has mastered the skill.

Starfish

Ages 6 mos-3 yrs, Ratio 10:1
(Parent participation)

Emphasis on relaxing & having fun in and around the water.

- Exploration of Entry & Exit
- Parent Holds/Positions
- Blowing Bubbles
- Bobbing
- Front & Back Float
- Basic Arm & Kicking
- Turning Over
- Underwater Exploration
- Safety Skills

Guppy

Ages 3-5 yrs, Ratio 3:1

- Entering & exiting pool independently
- Blowing bubbles
- Submerge 3 seconds
- Front floats w/ assistance
- Back Floats w/ assistance
- Basic arm movement on front
- Kicks on front w/ assistance
- Kicks on back w/ assistance
- Rolling from front to back w/assistance

Jellyfish

Ages 4-6 yrs, Ratio 4:1

- Front floats independently
- Back floats independently
- Glides on front 4 yd.
- Glides on back 4 yd.
- Swim on front w/ face submerged for 4 yd.
- Streamline kicks on front 4 yd.
- Streamline kicks on back 4 yd.
- Rolling from front to back independently

Clownfish

Ages 5+ yrs, Ratio 5:1

- Streamline kicks on front 7 yd.
- Streamline kicks on back 7 yd.
- Roll breathing w/ equipment 7 yd.
- Whip kicks 7 yd.
- Elementary backstroke 7 yd.
- Backstroke 7 yd.

Turtle

Ages 5+ yrs, Ratio 6:1

- Streamline kicks on front 10 yd.
- Streamline kicks on back 10 yd.
- Freestyle w/ rotary breathing 10 yd.
- Backstroke 10 yd.
- Elementary backstroke 10 yd.
- Breaststroke 7 yd.
- Dolphin kicks 3 yd.
- Butterfly arms w/o kick



Dolphin

Ages 6+ yrs, Ratio 6:1

- Freestyle w/ rotary breathing 17 yd.
- Backstroke 17 yd.
- Breaststroke 17 yd.
- Elementary backstroke 17 yd.
- Butterfly 7 yd.

Shark

Ages 6+ yrs, Ratio 6:1

- Freestyle with rotary breathing 25 yd.
- Backstroke 50 yd.
- Breaststroke 25 yd.
- Butterfly 15 yd.
- Open turns
- Flip turns





Youth

Start Smart Sports

Start Smart classes are introductory sports programs for children 3-5 years old. This program prepares children for organized sports in a fun, non-competitive environment. Parents work together with their children and instructor to learn basic skills. Join us in this fun and progressive program. Participant manual and Start Smart shirt provided.



\$50/child

Soccer

W: 2/25-3/25 — 5-5:45PM

Mohawk Park

Tennis

W: 4/8-5/6 — 5-5:45PM

Andersen Park Tennis Courts

Baseball

W: 5/20-6/17 — 5-5:45PM

Broadmoor Park

Safe Sitter®

Safe Sitter® is designed to prepare students in grades 6-9 to be safe when they're home alone, watching younger siblings, or babysitting. The instructor-led class is filled with fun games and role-playing exercises. Students learn: Safety Skills, Child Care Skills, First Aid & Rescue Skills including child and infant CPR, as well as Life & Business Skills. Safe Sitter® Essentials with CPR is a 6 1/2-hour class. Participants MUST have completed Grade 5. Instructor: Missy Bailey.



9AM-3:30PM

\$95/student

SAT: Feb 7

SAT: March 7

SAT: Apr 4

Tot Time Swim

A perfect time for kids ages 0-5 years to splash around with an adult in the water.



T/TH: 9-11AM

W: 10AM-12PM

Tippi Toes

Tippi Toes Dance

Monthly session \$63/child
Registration fee \$45/child

Toddler & Me:

Ages 18 mo-3 yrs

F: 9-9:45AM

SAT: 9:10-9:55AM

Baby Ballet:

Ages 2-3 yrs

F: 10-10:45AM

SAT: 10-10:45AM

Preschool Ballet, Tap, and Jazz:

Ages 3-5 yrs

M: 5-5:45PM

F: 11-11:45AM

SAT: 11-11:45AM

Elementary Hip Hop:

Ages 5-8 yrs

M: 6-6:45PM

Elementary Ballet:

Ages 5-12 yrs

SAT: 12-12:45PM

To register, please visit tippitoesdance.com/kansas-city

Check out Tippi Toes Birthday Parties offered at PCC!

Youth Fitness Badge

To use the weight & cardio rooms, 12 & 13 year olds are encouraged to complete a session with a personal trainer. Trainers will teach proper gym etiquette & lifting techniques. Contact a personal trainer to schedule a session. Youth Badge must be worn during workouts & youth must be accompanied by a parent/guardian at all times.

1 Person: \$55 • \$50MDR

2 People: \$46 • \$41MDR*

3 People: \$43 • \$38MDR*

*Price is per person.



Camps

Little Ninjas Karate

The Little Ninjas program, offered by Kansas City Shizoku Karate-Do and led by Sensei Tyler Murphy, introduces children ages 4–7 to the fundamentals of karate in a fun and supportive environment. Participants learn basic martial arts skills that help develop focus, discipline, and confidence while building a strong foundation for future training.

Ages 4–7 yrs.

W: 6–6:30PM

Monthly fee: PCC Members receive a \$5 discount each month.



Karate

Kansas City Shizoku Karate-Do offers quality instruction, to get you into shape by participating in a practical and fun martial art that has been passed down through generations. Sensei Tyler Murphy from Kansas City Shizoku Karate-Do.

Ages 7+ yrs.

Beginning

W: 6:30–7:30PM

SAT: 9–10AM

Monthly Fee: PCC Members receive a \$5 discount each month

Spring Break Camp

Spend the week with our qualified staff swimming at the indoor pool, playing activities in the gym & creating some imaginative arts & crafts. Please bring a sack lunch, water bottle, swimsuit, towel & tennis shoes each day. Two snacks provided every day.

Ages 5–12. (Child must be enrolled in kindergarten and at least 5 years old)



Deadline to enroll: Wednesday, March 12

MON–FRI: 3/17–3/21

7:30AM–5:30PM

\$181 – PCC Members/Mission Residents/MBR

\$191 – Non members/non-residents

Mad Science

Dive into hands-on experiments and discover the wonders of science! Kids will explore air, color, sight, measurement, and water through fun, interactive activities. From floating objects to colorful reactions, each workshop sparks curiosity and brings science to life!

Ages 4–6 yrs.

Tuesdays (3/3 – 4/14) No Class 3/17

5:30–6PM

\$57/Child



Mission Summer Camp

Mission Summer Camp is fully licensed by the Kansas Department of Health & Environment

Prior Camper Registration Opens: **February 2, 2026** New Camper Registration Opens: **February 9, 2026**

Parent Information Packet & Forms: [missionks.org/parks+recreation/programs+fitness/youth programs/youth camps](https://missionks.org/parks+recreation/programs+fitness/youth+programs/youth+camps)

Ages K-12 (must have completed Kindergarten)
7:30AM-5:30PM

Weekly Activities include:

- Weekly Field Trips (TBD)
- Games
- Arts & Crafts
- 4 visits per week to MFAC
- Sports
- Science & Nature

Weekly Rates

\$181 – PCC Members/Mission Residents
\$191 – Non members/non-residents
Child(ren) first week's fees and add-ons (i.e. swim lessons, basketball skills, Lego, etc.) are due upon enrollment.

Week 1: The Great Camp Kickoff (June 1-5)

Get ready for a whirlwind of fun as we launch into a summer full of adventure! We'll jump into a wild mix of exciting activities that will get everyone pumped for camp. Pack your swimsuit, sunscreen, and water bottles because this summer promises endless indoor and outdoor thrills that you won't want to miss!

Week 2: Dino Discovery (June 8-12)

Travel back in time to when giants roamed the earth! Campers will create their own dino crafts and stomp through prehistoric adventures. Get ready for a roaring good time as we uncover the secrets of the Jurassic world!!

Week 3: High Sea Adventures (June 15-18)

Ahoy, matey! Set sail on a high-seas adventure full of daring quests and ocean thrills. Navigate stormy waters, search for hidden treasure, and work together to master life aboard your ship. Get ready for a week of epic sea challenges, mysterious islands, and swashbuckling fun!

Week 4: Kingdoms and Castles Week (June 22-26)

Step into a world of knights, dragons, and royal adventures! Campers will build castles, design their own family crests, and take on daring quests to protect the realm. With creative crafts, fun challenges, and plenty of imagination, it's a magical week where every camper becomes part of the Mission kingdom

Week 5: Stars and Stripes Week (June 29-July 1)

Get ready for a celebration filled with red, white, and blue excitement – from patriotic games and team challenges to creative crafts and outdoor adventures. Campers will show their spirit through star-spangled activities, festive fun, and plenty of surprises as we celebrate the land of the free in true camp style!

Week 6: Happy Holiday Week (July 6-10)

Celebrate all year long in just one week! Each day brings a new holiday-inspired adventure with themed games, crafts, and activities. From festive feasts to sparkling decorations, campers will explore the fun and magic of different holidays every day. It's a week full of surprises, laughter, and seasonal cheer!

Week 7: Mission's Got Talent (July 13-17)

What's camp without a talent show? Campers and staff will team up to deliver the most spectacular performance of the summer for family and friends. Spend the week perfecting your acts and skits, and get ready to amaze the audience with all the incredible talent we have in store!

Week 8: Spirit Week (July 20-24)

Get ready to show off your camp spirit with a week of exciting themed days! Monday kicks off with Pajama Day—roll out of bed, throw on those cozy slippers, and head to camp. On Tuesday, it's Twin Day! Find a buddy and match outfits for double the fun. Wednesday is Sports Day—wear your favorite jersey and come dressed as your favorite athlete. Thursday brings Crazy Hair Day, where pigtails, braids, and wild styles are the name of the game. Finally, wrap up the week with Neon Day on Friday—grab your brightest camp shirt and neon accessories to shine the day away!

Week 9: Camp Olympics (July 27-31)

Get ready to go for the gold at Camp Olympics! This week isn't just for athletes – it's for thinkers, creators, and team players too. Campers will compete in fun physical challenges, brain games, and creative competitions that test their skills in every way. With teamwork, spirit, and plenty of friendly fun, everyone's a champion at Camp Olympics!

Week 10: Camp Finale Fiesta (Aug 3-7)

Come on down for one last week of summer fun at Camp Finale Fiesta! We'll wrap up the season with all the excitement and adventure that made this summer unforgettable. Get ready for a grand celebration filled with laughter, games, and plenty of surprises as we fiesta our way into the end of summer—celebrating friendships, memories, and one amazing finale!

Tennis Lessons

T/TH: 9:30-11:30AM

June (6/2-6/25) \$50/child

July (7/7-7/30) \$50/child

Karate Lessons

TH: 10:30-11:30AM

June (6/4-6/25) \$25/child

July (7/9-7/30) \$25/child

Pickleball Lessons

W: 9:30-10:30AM

June (6/2-6/24) \$25/child

July (7/8-7/29) \$25/child

Swim Lessons

M/W: 10:00-11:30AM

June (6/1-6/24) \$25/child

July (7/7-7/29) \$25/child

More add-ons coming!

Supplemental Camps

Save \$25 on summer camp enrollment fees when your child is concurrently enrolled in any of the following supplemental camps:

The Knight School: Chess Camp

Keep your brain sharp during the summer while having a blast in this fun, friendly and high-energy Chess Camp! Learning is made fun through videos, music-driven puzzles, movies and more. Participant must have completed kindergarten.

June 15-18, 9AM-12PM

Ages 5-12 yrs.

\$160/child



Mad Science

Clues, Crimes and Culprits - Oh NO! The Mad Science monkey is missing! Will you help us figure out where the monkey is? How did he get out? And what he is up to? Join the Mad Science crew as we gather the evidence from the crime scene and take it back to the lab to analyze it. As the week goes on, we will use chemistry, forensic science, physics, and biology to solve the crime. Blood typing, DNA examination, and pH testing are only a few of the scientific tests our young sleuths will get to participate in.

June 22-25, 9AM-12PM

Ages 5-8 yrs

\$160/child

Mad Science: Secret Agent Lab

Step into the shoes of a detective—uncover the science involved in evidence gathering and analysis. Become a super sleuth and learn clever ways of performing tasks in this hands-on view of the science that spies use. From decoding messages to metal detectors and night vision, campers will have the opportunity to check out spy equipment and discover the technological tools of detection!

June 22-25: 1:30-4:30PM

Ages 8-12 yrs

\$160/child



- The Knight School Chess Camp
- Mad Science
- Secret Agent Lab
- Dino Design LEGO®
- Minecraft Masters

Dino Design LEGO®

Travel back to the Jurassic era in this hands-on STEM adventure powered by LEGO®! Guided by our enthusiastic Play-Well instructors, young builders will return to the age of dinosaurs, using LEGO® to bring the time of the dinosaurs to life. Design and engineer secure habitats for gentle herbivores, embark on daring expeditions to track down elusive species, and uncover the secrets of powerful predator dinosaurs. Get ready for a dino-sized adventure packed with building, problem-solving, and imagination!

July 13-16, 9AM-12PM

Ages 5-8 yrs

\$190/child



Minecraft Masters

LEGO® Master I choose you! In the race to be crowned the Ultimate Pokemon Champion, we need your help! Learn to build your favorite Pokemon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokemon Masters so you can make it to the top!

July 13-16, 1-4PM

Ages 7-12 yrs

\$190/child

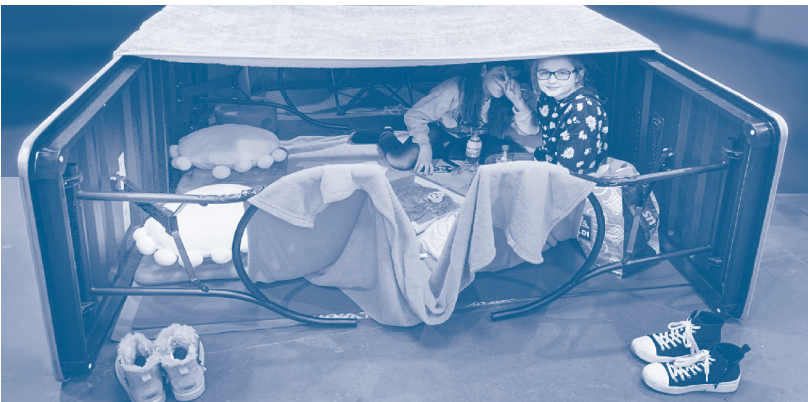


Youth Special Events

Winter Waterland

Join us for an unforgettable winter extravaganza at our Winter Waterland Pool Party and Dive-In Movie event! Experience the magic of winter in a whole new way as we transform our pool area into a winter wonderland.

F: Jan 2, 6-8PM
\$10/child



Fort Night

Families are invited to team up to build cozy forts, enjoy pizza, and settle in for a magical movie night filled with creativity, bonding, and fun! Bring your own fort-building supplies, or use the extra materials we'll have on hand.

6-7PM Fort Building
7-9PM Movie & Popcorn
F: Feb 27

\$20 per 1 Adult/1 Child; additional enrollments \$8 each



Family Fun Night

Enjoy the PCC amenities during our FREE family fun night, craft room, and swimming. We hope to see you there!

F: March 6, 5-8PM

FREE

Bunny Egg-stravaganza

Bring the family for the annual Bunny Egg-stravaganza! This "egg-citing" holiday event features egg hunts for all ages, clowns, and a visit from two very special bunnies! Bring your camera and a pail to hold all your eggs, candy, and prizes. Activities and special visitors include the Mission Police Department, JOCO Fire District #2, face painting, children's inflatables, Janie Next Door, and more!

SAT: April 4
Broadmoor Park

FREE



O.K. Kids Day

Outdoor Kansas Kid's Day is SO FUN and is an awesome opportunity to get your kiddos outside in nature. We focus on trying new things and creating experiences at our nature themed event at the Powell Community Center. We bring the outdoors IN!

SAT: May 2, 10AM-12PM

FREE



Family Bingo in the Park

Bring the family to the Mohawk Park pavilion for an afternoon of classic bingo, kid-friendly twists, and plenty of fun. Refreshments are included with your fee, and prizes will be up for grabs for all ages!

SU: May 17 1:30-3:00PM

\$10/person

BIRTHDAY PARTY PACKAGES

Contact Natalie Lucas, Rental Coordinator at **913.722.8215** or send an email to: nlucas@missionks.org for more information**



RUMBLE TUMBLE PARTY PACKAGE

- \$50 Security Deposit + \$280
- 25 kids included
- 2 hour party package includes use of a party room and 1 ½ hours of play in the Indoor Playground (Ages 6M-6Y)



SPLASH PARTY PACKAGE

- \$50 Security Deposit + \$225
- 25 kids included
- 2 hour party package includes use of a party room and 1 ½ hours of swimming



GYM PARTY PACKAGE

- \$50 Security Deposit + \$175 – \$195
- 25 kids included
- 2 hour party package includes use of a party room and 1 ½ hours of open gym



50 & Beyond



50 & Beyond Matinee

Lights, Camera, Action! Do long lines & high prices make you frown? We'll show you quality movies for a low, low price! Popcorn, coffee and water are provided during the movie.

\$2 for Members • \$4 Non-Members

- 1/6: The Unbreakable Boy (PG)
- 1/20: The Penguin Lessons (PG-13)
- 2/3: The Ballad of Wallis Island (PG-13)
- 2/17: Bob Trevino Likes It (PG-13)
- 3/3: The Thursday Murder Club (PG-13)
- 3/17: Nonnas (PG)
- 3/31: Young Woman and the Sea (PG)
- 4/14: Billy & Molly: An Otter Love Story (G)
- 4/28: H is for Hawk (PG-13)

AARP Tax-Aide for Kansas

AARP Tax Aide for Kansas residents



available on Thursdays between February 12-April 9. Appointments MUST be made and will be available in mid-January. You can go to www.kstaxaide.com or call 913-735-5489 to book your appointment.

BINGO

Refreshments served with 10 games of bingo. Players receive two cards per game. Prizes are gift cards &/or variety gift packs. Call to get registered!



F: 1:30-3PM

\$6 • \$4MDR

- January 16: Happy New Year
- February 20: Brrrr... It's cold outside!
- March 27: Spring is COMING
- April 24: Rainy Days
- May 15: Summer Time

AARP Smart Driver Course

Learn about skills and strategies



you can use on the road every day and discover defensive driving techniques. Insurance discount is possible as well. Call PCC to register at 913.722.8200. Payment will be made the day of to the AARP instructor. Check or money order accepted. Make checks payable to AARP.

Tuesday, March 24

9AM-1PM

AARP Members: \$20/person

Non-AARP Members: \$25/person



The American Stroke Foundation: Next Step Program

The Next Step program of the American Stroke Foundation helps stroke survivors take the next step after formal medical care. Because a stroke impacts the brain, the most complex organ in our body, stroke recovery is a complex & lengthy process. Participants can choose from a variety of activities & classes to improve & maintain physical fitness, communication, emotional health & a healthy lifestyle. Participants are engaged with their families & their community & are taking the Next Step to live a quality life after stroke. Pre-registration and intake assessment required.

For more information: www.americanstroke.org or call 913.649.1776.

M/W/F: 9:30AM-2:30PM
\$80 monthly fee.



Health BeneFIT

Health BeneFIT classes are FREE to all insurance members who hold insurance memberships at PCC.



Health BeneFIT

Enhance your cardio fitness, improve flexibility & reduce falls in this fun class. Instructor, Phyllis Peterson helps you regain movement, improve your overall fitness & fight the effects of aging.

T: 10:15-10:45AM

T: 11-11:30AM

TH: 10:15-10:45AM

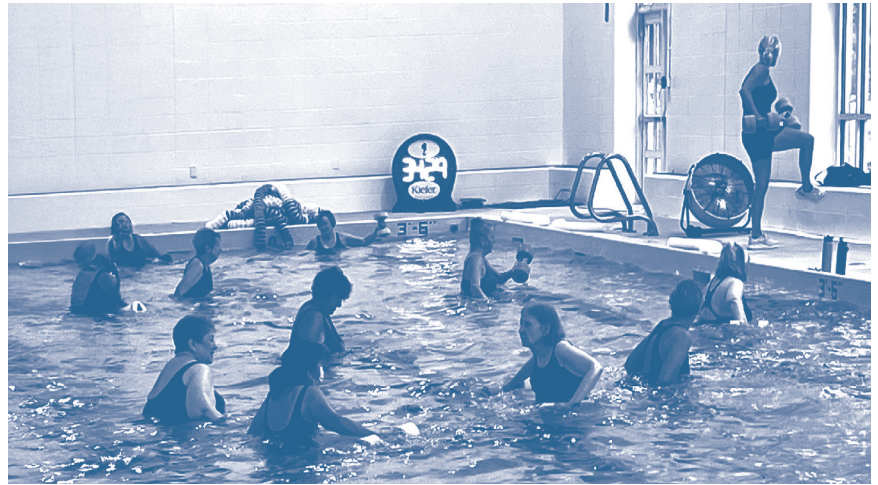
TH: 11-11:30AM

Registration Open Dates:

Jan: 12/16 Feb: 1/26 Mar: 2/23

Apr: 3/23 May: 4/27

Classes will fill fast! Don't wait to sign up!



Health BeneFIT AM Water Aerobics

Participants use the natural resistance of water to provide a safe, full-body workout. Tone & strengthen muscles, increase cardiovascular endurance & enjoy the feeling of being physically fit! Aqua Shoes recommended, but not required. Instructor: Personal Trainer Shauna Utz

M/W/F: 8-8:40AM

M/W/F: 8:50-9:30AM

T/TH: 8-8:40AM



SilverSneakers Yoga

Get ready to move through a complete series of seated & standing yoga poses. Chair support is offered so you can perform a variety of seated & standing postures designed to increase flexibility, balance & range of movement. Restorative breathing exercises & final relaxation will promote stress reduction & mental clarity. This class is suitable for nearly every fitness level. Instructor: Sylvia Crawford (M) & Jan Peck (W).

Participants may ONLY enroll into AND attend ONE SSSyoga class/day.

M: 10:15-10:45AM

W: 10:15-10:45AM

M: 11-11:30AM

W: 11-11:30AM

M: 11:45AM-12:15PM

W: 11:45AM-12:15PM



Exercise for Life 50+

Fun class geared towards 50+, offering a lively cardio warm-up followed by strength training exercises and proper stretching. Protocol focuses on form, which is critical for muscular development and strength. Some mat work may be included. This class builds and maintains muscle mass making joints stronger and protecting bone health, is a great low-impact cardio workout, supports weight loss and management, improves mood, mental and cardiovascular health and may help you live longer!
Instructor: Phyllis Peterson

T/TH: 9:15-10AM

Zumba Gold

Modified Zumba class that recreates the original moves you love at a lower intensity. Class introduces choreography focusing on balance, range of motion & coordination, while jamming to some exciting, upbeat music. Get your dance workout in with a party-like atmosphere! Instructors:
Jan Peck (F) &
Tehani Walton (SAT)

F: 10-10:45AM

SAT: 8-8:55AM

Cardio Pump

Keep up the jams with this NEW cardio, strength class with Phyllis. It is a perfect blend of seated exercise and cardio set to upbeat music.
Instructor: Phyllis Peterson

T/TH: 11:45AM-12:15PM

Senior Weight & Cardio Training 101



PCC Personal Trainer will show you the basics, while making sure to teach you proper usage of each machine. They will help you feel more comfortable in the weight room & cardio room & will show you how simple each machine is to use. This class is free to everyone, but it is important to pre-register. Ages: 50+. Limited to first 6 participants.

SAT: 7:30-8:30AM

Dates: 1/10, 2/14, 3/14, 4/11

FREE/Daily Pass for Non-Members



The Art of Relaxation

Relaxation is a learned behavior. Anyone can learn to relax & break the cycle of stress that builds in our everyday life. As a massage therapist for over 20 years, I use developed techniques everyone can apply to relieve stress at work or home. The stress that can cause anxiety, illness, headaches, muscle tension & neck pain. You can learn this - anyone can! 15 minute guided grounding meditation at the end of class.
Instructor: Jan Peck

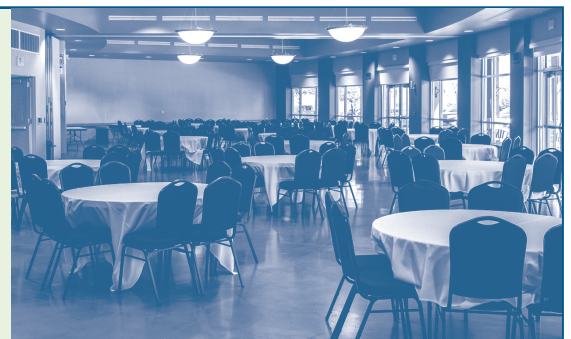
W: 9:30-10AM

Let Us Host Your Event

- Holiday Party • Wedding Reception • Celebration
- Meeting • Team Practice

Up to 200 people. Small rooms also available.

Contact us at 913.722.8215 or nlucas@missionks.org



50 & Beyond Trips



Shawnee Mission Trips + Tours Travel Showcase

Hear about and be the first to get signed up for our 2026 trips with Shawnee Mission Trips + Tours. Light refreshments served. Registration preferred.

Wednesday, January 21
Shawnee Town 1929 Showcase - 9:00AM
Powell Community Center Showcase - 1:00PM



Hamilton

Wednesday, February 19
\$145/person

Experience Broadway excitement with a showing of Hamilton at the Music Hall. Before the show, enjoy lunch on your own at Strang Hall, a modern food hall offering a wide variety of chef-driven dining options. It's the perfect day out for theater lovers and anyone looking to enjoy great food and an unforgettable performance.

(Transportation: Motorcoach)
Depart PCC: 10:35AM
Return (approx.): 4:15PM

Kansas Roots: History & Tulips

Date Flexible (April 9, 16, 23)
\$110/person

Let's get to some Kansas Roots, a spring day trip to Topeka filled with history, great food, and tulip blooms. We'll start at the newly renovated Kansas History Museum, then enjoy a BBQ box lunch from Iron Rail inside Snyders Cabin at Gage Park surrounded by tulips. Our afternoon takes us to Ted Ensley Gardens for Tulip Time, where gentle paths and lakeside views showcase thousands of colorful tulips. To ensure we catch the flowers at their peak, the trip will take place on Thursday, April 9, 16, or 23, with the final date announced in early April.

(Transportation: Motorcoach)
Depart PCC: 8:05AM
Return (approx.): 3:45PM



Other trips coming in Spring 2026:

Explore Lindsborg - March

Pioneer Trails Adventure - May

50 & Beyond Trips

Extended Travel Trips

28



Cape Cod + the Islands

7 days - July 18, 2026

Price Includes:

- 5 Nights - Cape Cod
- 1 Night - Boston
- Boston City Tour
- Faneuil Hall Marketplace
- Martha's Vineyard Tour
- Nantucket Island Visit
- Nantucket Whaling Museum
- Plimoth Plantation
- Mayflower II
- Plymouth Rock
- Provincetown
- Cranberry Bog
- Cape Cod Nat'l Seashore
- Newport, RI
- Breakers Mansion
- New England Lobster Dinner
- Roundtrip Airfare - MCI
- 9 Meals: 6-B & 3-D
- Professional Tour Director
- Hotel Transfers
- Motorcoach Transportation
- Admissions & Sightseeing per Itinerary
- Baggage Handling at Hotels
- Tour Activity LEVEL 2

Tour Rates Start at booking

Discount*: \$3,625 pp double occ

Regular Rate: \$3725 pp double occ

*Booking discount: Receive \$100 off per person on your final payment when your final payment is paid by check. (Due date 75 days prior to departure)



Treasures of Ireland

9 days - September 22, 2026

Price Includes:

- 2 Nights in Dublin
- 2 Nights in Limerick or County Clare
- 2 Nights in Killarney
- 1 Night in a Castle Hotel
- Dublin City Tour
- Trinity College - Book of Kells
- Whiskey Distillery
- Pub Dinner
- Guinness Storehouse & Tasting
- Cliffs of Moher
- Ring of Kerry
- Bunratty Castle Medieval Banquet
- Jaunting Car Ride in Killarney
- Limerick Tour
- Galway
- Adare
- Irish Entertainment & Dinner in Killarney
- Blarney Castle
- Roundtrip Airfare - MCI
- Int'l Air Departure Taxes/Fuel
- 12 Meals: 7-B & 5-D
- Professional Tour Director
- Hotel Transfers
- Motorcoach Transportation
- Admissions & Sightseeing per Itinerary
- Baggage Handling at Hotels
- Tour Activity LEVEL 3

Tour Rates Start at booking

Discount*: \$4,649 pp double occ

Regular Rate: \$4,749 pp double occ

*Booking discount: Receive \$100 off per person on your final payment when your final payment is paid by check. (Due date 75 days prior to departure)



West Virginia Rails & Williamsburg

8 days - October 1, 2026

Price Includes:

- 2 Train Experiences
 - Potomac Scenic Eagle Railroad
 - New Tygart Flyer Train
- Washington D.C. Illumination Tour
- West Virginia Rail Museum
- The Greenbrier Resort
- Bunker Tour at the Greenbrier
- Thomas Jefferson's Monticello
- Jamestown Settlement
- Yorktown Battlefield
- American Revolution Museum at Yorktown
- Colonial Williamsburg
- Colonial Farewell Dinner
- 3 Nights in Williamsburg
- Roundtrip Airfare - MCI
- 12 Meals (7-B, 2-L & 3-D)
- PWD Tour Director
- Motorcoach Transportation
- Admissions and Sightseeing per Itinerary
- Baggage Handling + Hotel Transfers
- Tour Activity LEVEL 3

Tour Rates Start at booking

Discount*: \$4,099 pp double occ

Regular Rate: \$4,199 pp double occ

*Booking discount: Receive \$100 off per person on your final payment when your final payment is paid by check. (Due date 75 days prior to departure)

PCC Policies + Conduct

Facility Amenities

CARDIO ROOM features over 35 pieces of state-of-the-art cardio equipment with the latest Life Fitness treadmills, ellipticals, flex striders, exercise bikes & Power Mills. WiFi, internet & Life Fitness Virtual Training available.

(Under 12 w/adult)

CYCLE STUDIO is equipped with bikes & is open for members to use during non-class times.

(Under 12 w/adult)

GYMNASIUMS 4 Courts, at least 1 court open for basketball at all times. (Under 12 w/adult)

SOUTH includes: Ct#1 & Ct#2

NORTH includes: Ct#3 & Ct#4

INDOOR TRACK 1/10 of a mile rubberized-oval with 3 lanes. (Under 12 w/adult)

INDOOR POOL features three lanes for lap swimming, lazy river, mushroom & slide for children & hot tub, sauna & steam room for adults.

(Under 12 w/adult; 14+ yrs for sauna, steam room & hot tub.)

ON-SITE CHILD WATCH is available for a two hour maximum length of stay. (2-9 yrs)

\$3/per child for non-members

\$1/per child for members

M-SAT: 8AM-1PM

M-TH: 4:30-8:30PM

RACQUETBALL COURTS (2) are available & can be reserved in one hour increments. Call the PCC at 913.722.8200 to reserve your time! Racquets & balls are available for check-out at South Entry Desk. (Under 12 w/adult)

WEIGHT ROOM Selectorized machines, plate-loaded machines, & free weights, including dumbbells ranging from 3 - 100 lbs!

(Under 12 w/adult)

General Policies

1. Be Respectful, Be Courteous, Ask Questions!
2. Youth under the age of 12 must be accompanied by a parent, legal guardian, or responsible person 16+ years.
3. Organized/structured practices can only be conducted with a gym reservation.
4. Only PCC Personal Trainers & Instructors are allowed to conduct personal training sessions.

Inclement Weather Policy

Cancellations due to Inclement Weather: please call our Inclement Weather Line @ 913.722.8211 to find out the most up to date weather cancellations.

Update your email address at the entry desk to receive messages when any class you're registered in is canceled.

now hiring

We're hiring!

- Entry Desk
- Facility Staff
- Lifeguard
- Swim Lesson Instructor

Apply at missionks.org/jobs

Find your perfect park

Renting a Shelter or Park

Contact Natalie Lucas to book your team practices or a fun-filled day of play.



1. Streamway Park

5110 Foxridge Dr.



.4 Mi

2. Water Works Park

5814 W. 53rd St.



.3 Mi

<50 ppl

3. Broadmoor Park

5701 Broadmoor St.



.3 Mi

4. Andersen Park

5930 W. 61st St.



<50 ppl

5. Mohawk Park

6649 Lamar Ave.



.4 Mi

>50 ppl

6. Pearl Harbor Park

5925 Maple St.



7. Legacy Park

6000 Broadmoor St.



.3 Mi Walking Trail	Playground	Pergola
BBQ Grills	Softball Fields	Restrooms (Summer only)
Soccer Fields	Water Fountains	Pickleball
Picnic Tables	Tennis Courts	Basketball Courts



Scan Me

PCC Parks Update

Dear Community Members:

We are excited to share the latest updates from Mission Parks + Recreation and the Powell Community Center (PCC). Thanks to your support of our parks, trails, and facilities, these spaces continue to be a source of pride and connection for our community. This year, we are building on our progress with **continued investment in sales-tax-funded capital improvements**, ensuring our parks, community center, and outdoor pool remain welcoming, safe, and enjoyable for all.

Our teams are focused on both caring for what we have and planning for what comes next. In addition to ongoing maintenance, landscaping, and facility upgrades, we are looking ahead to **additional parks planning** that will guide future improvements across Mission. At the PCC, expanded opportunities for recreation and wellness have led to **new weekly attendance records**, a reflection of how strongly you value these spaces for your fitness goals, family celebrations and business gatherings. We are also excited to build on the 2025 **Sunday programming**, giving you even more chances to gather, play, and stay active with friends and neighbors throughout the 2026 calendar year.

Most importantly, thank you for being at the heart of everything we do. Your participation, feedback, and enthusiasm help shape our priorities and keep our parks and programs vibrant and inclusive. Whether you're taking a fitness class, exploring a trail, cheering from the sidelines, or joining us for a special event, you help bring Mission's parks and facilities to life. We look forward to continuing this journey with you and creating even more memories in the year ahead.
#WeAreMission

Director of Parks + Recreation
Penn Almoney, CPRP, AFO, CPSI



#WeAreMission

POWELL COMMUNITY CENTER
Start '26 for \$26!

START STRONG.
START POWELL.

**December 26
thru January 4**

Presented by

*Special
Events*

Upcoming Events &
Details on pages 2-3

 **mission**
PARKS + RECREATION


**BUNNY
EGGSTRAVAGANZA**

April 4
BROADMOOR PARK

MFAC PASSES

On Sale
April 1
PCC

**O.K. Kids
DAY**

May 2
PCC

